The Lion of St. Mark's

APRIL 2010

FAMILY PROMISE OF LYCOMING COUNTY OPENING!

It was a cold night in February three years ago when the public first gathered to hear about the possibility of Family Promise becoming active in our community. The Lutheran Pastors of the area had first heard about this program and encouraged its introduction. An interest group gradually coalesced and began the process of recruiting congregations to eventually be hosts for homeless families.

HOSTS St. Mark's was the first congregation to officially say Yes to hosting. At present, there are 13 Lutheran, Methodist, Presbyterian, and Roman Catholic congregations on board to become hosts, as well as four more as supporting congregations. We are continuing to search for additional parishes in both categories, but we have enough to begin the work.

DAY CENTER The headquarters for the network is the parsonage given rent free to the network by Redeemer Lutheran Church on Washington Blvd. This fine house has been cleaned, a second bathroom will be added shortly, appliances have been installed, and equipment and supplies are being gathered. There are small repairs to complete, and everything should be in readiness for our opening.

TRANSPORTATION The way for our guests to get from the hosting congregations to the Day Center is by 15 passenger van. After an extensive search, an excellent van was located and purchased using grants from the Plankenhorn Foundation and the Lycoming Community Foundation. It is parked at St. Mark's in readiness for use.



LEADERSHIP The development process has been undertaken by a Core Committee. In due course the Core Committee elected a Board to be the official governing body for Family Promise of Ly-coming County, which was officially registered as an IRS501c3 charitable organization. The first officers of the Board are Kristi Hammaker of Messiah Lutheran as president, Pastor Kenneth Elkin of St. Mark's as Vice-President, Donna Maxwell of First United Methodist as Secretary, and Colleen Klinger of Lycoming Centre Presbyterian as Treasurer. The Board in turn has interviewed candidates and at length has selected the first Director for the network, Sarah McCloskey, a licensed clinical social worker now residing with her family in Lock Haven. This is the only paid position in the network. Sarah began officially on March 22 to organize all of the persons and materials needed to operate the organization.

FINANCES The big and continuing problem will be securing sufficient funds to operate. Each hosting congregation needs to contribute significantly to the network, and each supporting congregation will find appropriate ways to do so also. We need to increase the number of supporting congregations dramatically, for even a congregation that is small or whose building does not lend itself to being a host can still lend a hand by way of financial giving, as well as offering volunteers in another congregation's week to host. Individuals also can contribute directly to *Family Promise of Lycoming County*, 142 Market Street, Williamsport PA. Any who can are urged to become a member of *Club 180*, offering a gift of 50 cents per day toward the cause, or \$180 per year. (allowing 5 ¼ days vacation per year). Gifts in any amount are welcome, either through a hosting or supporting congregation, or directly. One can also take part in various fund-raising activities such as *Iron Chef Williamsport* on April 25, 2010 by purchasing a ticket and /or becoming a patron of the event. (Call 323-4619)

(Continued on page 5)

INDEX & COUNCIL UPDATE

1 2

2

2

3

4

4

5

6

7

7

8

11

11 12 12

13

13

17

19

Inside This Issue:

Family Promise is Opening!
Holy Week Schedule
Officer & Staff Contact Information
Council Notes
Messiah Lutheran Yard Sale
Faith & Family Footprint Walk
Campus Ministry Mission Fundraiser
Calling All Office Angels
St. Mark's to Host 1st Family Promise Family
United Churches of Lycoming County
Free Stop Smoking For Good Classes
ELCA, Synod & West Branch News
Are You a Fool?
News from the Pews
Women's Spring Clothing Sale
Friday Fun Night
Operation Christmas Child
Annual Church Picnic
Milestone: Blessing of the Keys
VBS High Seas Expedition!
Iron Chef 2010
Who's Graduating
Annual Easter Breakfast & Egg Hunt
A Journey to Our State Capitol
St. Paul Scholarship
Children's Church
Our Nursery Needs You!
Birthdays and Anniversaries
VBS High Seas Help Wanted
Special Thank You Notes
Health, Healing and Wholeness
Special Need Prayer List
Listing of Current St. Mark's Staff, Council,
Chairs, Volunteers & Other Ministry Leaders
April Calendar
Icon Teacover

Council Notes

The Congregation Council met in regular sess	ion on March 15,
2010 in the Crossways Room. The Counc	il:

- 1. Received the regular reports of the Pastor, officers, and committees.
- 2. Granted Letter of Transfer for the Matt Fortin family to St. Andrew's Church, Muncy.
- 3 Set the annual Assembly of the Congregation for May 16, 3. 3 2010 following the 10:30 service.
- Nominated Bob Miller, Gregg Dancho, and Nick Buckman 4. for terms on the Congregation Council, for election by the 5 Congregation in May. Two more positions remain to be nominated.
 - 5. Approved the request that we sponsor an entry in the Little League parade in August.
 - Moved that all Sunday School offerings be used for SS 6. program costs.
- 9 7. Prayed the office of Prayer at the Close of the Day in the 9 chapel. 9

8. Noted that four activities were happening simultaneously 10 in the building that night: Handbell Choir, Congregation 10 Council, Civic Chorus, and Dog Club.

Please join us during Holy Week

Wednesday, March 31 ~ Seder Meal, 6:15 pm **Reservation Needed**

Thursday, April 1 ~ Holy Communion, Noon & 7 pm 13

14 Good Friday, April 2 ~ Ecumenical Service, 12-3 pm 14 Tenebrae Service, 7 pm 14 15

Saturday, April 3~ Children's Breakfast with Pastor 16 & Easter Egg Hunt, 9:45 am Easter Vigil, 8 pm

Easter Sunday, April 4 ~ Worship & Holy Communion 8 am & 10:30 am

Staff & Officers Contact Information

Church Office 323-4619 The Reverend Kenneth Elkin, Pastor Dick Lakey, Director of Music Bernadette Jones, Christian Education Michele Owen, Christian Education Susan M-Smith, Parish Secretary Richard Wagner, Financial Secretary Lou DeSeau, Environmental Services

stmarks@stmarkswilliamsport.org pastor@stmarkswilliamsport.org rlakey@stmarkswilliamsport.org bjones@stmarkswilliamsport.org mowen@stmarkswilliamsport.org smsmith@stmarkswilliamsport.org rwagner@stmarkswilliamsport.org Ideseau@stmarkswilliamsport.org

Church fax number	323-2452
Pastor's Home Phone	323-7367
Website: stmarkswilliamsport.org	
Gary Weber, President	322-7149
Todd Smith, Vice-President	220-1350
Jane Zimmerer, Secretary	433-3324
Jackie Kinney, Treasurer	323-5980
Jane Larson, Stephen Ministry	433-3380



Social Ministries

2

Family Promise Hosting at St.

Mark's

The training of volunteers has occurred. Furniture, linens, and supplies have been readied. With a projected opening of April 12, 2010 we are posed to be the first to host families experiencing a housing crisis. Jane Zimmerer and Becky Miller Pryor are creating a schedule of volunteering during this week. We are seeking monetary donations to cover the cost of food for meals. If you wish to make a donation, make checks payable to St. Mark's. Label it "Hosting Fund" on the memo line.

Calling All Office Angels!

Family Promise of Lycoming County continues to move closer to opening and serving families experiencing a housing crisis. The Day Center is the former parsonage of Redeemer Lutheran Church. It is a beautiful Victorian home with large, bright rooms.



Sarah McCloskey, Network Director, is in need of several Office Angels who can assist at the Day Center with greeting clients and answering the telephone. Hours can be set to accommodate your schedule from weekly to monthly for an hour or two. Please contact Becky Miller Pryor (321-9523 or murphy173@verizon.net) if interested.

(continued from page 1)

FAMILY PROMISE OF LYCOMING COUNTY OPENING!

TRAINING It is crucial for the success of the network that everyone understand and apply the appropriate procedures for operations. Family Promise is active now in 163 communities around the nation and has thus gathered considerable experience in how best to organize. Locally, everyone who participates in any capacity will be trained in these best practices. Led by a representative from the national organization, training for Board members took place on March 22, for the volunteers in the first hosting congregation St. Mark's on March 23, and for the coordinators from the 13 congregations on March 24. Subsequent training will be led by the new Director, Sarah McCloskey. Anyone who has contact with the guests will be expected to participate in training.



OPENING It is anticipated that the network will be ready to open on April 12. There is still much to do in preparation, but enthusiasm and energy for this new congregational ministry of hospitality have the congregations, volunteers, board, and director on the move toward that end. The first three weeks of hosting will be St. Mark's Lutheran, Messiah Lutheran, and Covenant-Central Presbyterian. The entire first rotation schedule will be announced soon.

THANK YOU To the many congregations and individuals who have been involved in the development of Family Promise of Lycoming County, thank you for your diligence and perseverance. May this new work that we hold in common become a great blessing to our guests, our volunteers, our congregations, and our community!

United Churches of Lycoming County UNITED CAMPUS MINISTRY Study Bags are needed as an outreach to students at Penn College as they prepare for final exams this spring. Paper bags filled with chips, cookies, popcorn, mints, gum, water bottles, juice boxes, breakfast bars, oatmeal packets...just about anything...and encouraging notes help them know that others care. If you are interested in helping, contact Sharon Comini at 419-5376 by April 30 Sharon Comini, Coordinator Contact at: 419-5376 or ucm@uclc.org FREE Quit Tobacco Class for smokers and smoke-less tobacco users + \$100 FREE guit aides are also available. Call Donna Sorgen, Tobacco Prevention Specialist, to register (570)323-8543 ext 118. These classes will be in two locations: · Jersey Shore Hospital Board Room (near Cafeteria), 1020 Thompson St., Jersey Shore, on Mondays starting March 22, through April 26, 6:30 pm-7:30 pm • West Branch Drug and Alcohol 3rd Floor, 213 West 4th Street, Williamsport on Tuesday afternoons, starting April 13 through May 18 from 3 - 4 A 24 hour WEDNESDAY LUNCHES **Devotion Line** Join us from 12 to 1 p.m. for a tasty \$4 lunch, warm, is a way for everyone in our comecumenical fellowship and a thoughtful program designed munity to have "A Closer Walk to enrich your life mentally, physically, spiritually and so-With God". Devotions are three cially. Parking is free in the Pine Street lot from 11 to 1:30 minutes or less and change daily and at least p.m. No reservations are necessary. (Call 419-1464 to once on the weekend. Devotionalists change check for snow cancellation.) weekly. The phone number is 570-322-5762. APRIL FOOD PANTRY NEEDS

These C

FOOD PANTRY NEEDS

These are the items that are currently needed:

oodles of noodles chunky soups sugar tea bags Hamburger Helper Cereal canned fruit elbow macaroni cake mix & frosting granola bars Tuna Helper Jello

Your donations are best brought Monday mornings from 9:30 - Noon. Persons needing food should call and leave their name and number on the answering machine. Appointments to receive food are on Tuesdays and Thursdays from 10 am - 3 pm and when necessary at other times as well. Gail Burkhart is the UCLC Food Pantry Coordinator and may be reached at 322-1657.

- 7- Rev. Detlef Huckfelt, Pastor, St. Michael's Lutheran Church, and Mr. Todd Fox, Executive Director, Greater Lycoming Habitat for Humanity, "Thrivent Builds Habitat"
- 14- *Rev. Ron Shellhamer*, Interim Pastor, Church of the Savior & St. Matthew Lutheran "The Church in Liberia"
- 21- Prof. Paul Shuck CFII, Chief Flight Instructor, AvSport of Lock Haven, "Touch the Sky! If You Can Drive, You Can Fly!"
 28- Mrs. Kay Huffman, Vocalist,
- *Mr. Tom Wetzel,* Pianist, Area Musicians, "A Musical Salute To Spring"

This is a ministry in which everyone in our congregations and community is welcome to participate. Make plans to join us and you're welcome to bring a friend!

PAGE 5

ELCA, Synod & West Branch News

Thrivent Launches Fan it Forward Campaign

Thrivent Financial for Lutherans has launched a new charitable outreach campaign on Facebook allowing new fans an easy way to help others worldwide. Now through March 31, 2010, for every new fan of the Thrivent Financial Facebook page, Thrivent Financial will contribute \$1 to Lutheran World Relief (LWR), up to \$10,000. The goal of "Fan it Forward" is to generate \$10,000 for LWR and raise awareness for the humanitarian outreach the organization is making in countries around the world. Individuals can participate in the campaign by going to <u>www.thrivent.com/facebook</u> and clicking on the Become a Fan button. A new tab on the Thrivent Financial Facebook page highlights the campaign details and gives fans guick tools to spread the word through Facebook, Twitter and email.



Pages Needed for Synod Assembly

Calling all youth (who have completed at least sixth grade), college students and seminarians! The 2010 USS Synod Assembly is looking for pages. You'll be needed on Friday and Saturday, June 18-19, from 7:45 a.m. until the end of the day. Responsibilities include handing out papers, bulletins, and other materials as well as serving as ushers for worship and counting votes when asked. Meals will be provided for the pages. All pages receive a free T-shirt! If you are interested in being a page please contact either Michele Owen or Bernadette Jones so they can register you to serve!

Singers Needed for Assembly Choir

On behalf of the Bishop's Committee on Worship, which is planning worship for Synod Assembly on June 18-19, you are invited to sing as part of the Synod Assembly Choir that will provide musical leadership for the Eucharist on Friday, June 18, at 10:00 a.m. and Saturday, June 19, at 10:00 a.m. in the Field House at Susquehanna University. In addition to leading the liturgy and hymns, the choir will prepare special music for the service. The assembly is being held in the Field



House due to renovations in Weber Chapel. Interesting instrumentation is being planned. Adult and high school singers who would like to sing in the Assembly Choir should have some choral experience in church and/or school. Being able to read music is helpful but not required. Bring a friend. If you cannot attend both services, please feel encouraged to sing at one. Two rehearsals are scheduled for Sunday afternoons, May 23 and June 6, from 2:00 - 3:30 p.m. in the chapel of Zion Lutheran Church in Sunbury. A "warm-up" rehearsal will take place in some as yet to be designated place at Susquehanna University at 9:00 a.m. prior to each service. If you plan to sing in the choir, please contact David Reier at dreier@ptd.net by May 21. Indicate your name, address, day and night phone numbers, e-mail address, voice parts, and if you are available on June 18, 19, or both. If you have questions, please do not hesitate to call David Reier at 570-286-1664 during the day or evening.

A Shout Out for Easter Greetings

You and your congregation are invited to make and send Easter greetings to ELCA missionaries, troops, and other service personnel as part of Operation Thanks-Giving: Easter. Learn how at http:// blogs.elca.org/handinhand/post/ot-g-easter-25022010/.

Wanted: A Few Good Men!



Make a difference in someone's life this summer. Camp Mount Luther is in need of men to serve as counselors this summer. In addition, volunteer nurses are needed to serve as the weekly health officer. Candidates must possess a commitment to Christ, a passion for adventure, and strong leadership skills. If you or someone you know is interested, contact Chad Hershberger, Executive Director, at the camp office at (570)

MP MOUNT LUTHER 922-1587. Applications are available on the website at www.campmountluther.org

Are You A Fool?

Both Psalm 14:1 & 53:1 reads, *"The fool has said in his heart there is no God."* On the first of April, people will be trying to make fools out of others for fun. But when one makes a fool of oneself, by disbelief in God, that is serious. This is the fool nobody can laugh at. Why is a person a fool not to believe in God?

Creation Declares God: The creation leads a sensible person to acknowledge God's existence. The heavens are telling the glory of God, and the sky is declaring the work of his hands" (Psa 19:1 Rom 1:19-20). We may not be able to know or to prove the certainty of God's existence if we look only at the natural world. But the hypothesis at least cannot be denied, except foolishly. There is exquisite design and order in the created world, all the more remarkable when we observe it emerging from chaos. It is foolish to say categorically in the

face of this, "There is no God."

God Declares Himself: God has revealed himself to mankind. God's truth was placed in the world. Paul asserts that, since the creation of the world, "they knew God" (Rom 1:21). Even pagan peoples retain some of that revelation in recognizable form. Then of course there is the Holy Bible which reveals God and his purpose for mankind.

Jesus Christ Reveals God: In an even more special manner, God revealed himself in Jesus of Nazareth. The testimony about his existence, his crucifixion and resurrection from the dead, is in the form of written eye-witness documents. The story of Jesus Christ is a matter of fact, not of superstition. "The Word became flesh and dwelt among us, and we beheld his glory" is one eye-witness's testimony (1Jn 1:1-4 John 1:1,14). There are no reasonable grounds for rejecting such evidence.

In conclusion, the natural universe, the general knowledge of right and wrong and Jesus himself, combine to lead anyone but a fool to believe in God, and in his scheme of redemption for life everlasting through his Son.

On April Fools' Day, or any other day, don't be the silliest fool of all -the fool who, in his heart or hers, says, "There is no God."

News from the Pews

Today the sun is shining brightly, the grass is greening up a bit, the birds are singing and the promise of Spring is in the air – wow, what an upper after what has been a long Winter!

I am always impressed by the devotion shown by many of our church family couples in long marriages. Almost monthly someone celebrates a 50th anniversary or maybe even longer. Most recently **Ralph and Elda Zeigler** celebrated sixty-eight years of marriage – I didn't even think they were sixty eight years old ! Their anniversary was March 1.

Our young people continue to make us proud. **Stefan Weber's** Cochran Elementary School Odyssey of the Mind Team placed 3rd in the North Central Pennsylvania Regional Tournament and not to be outdone by his younger brother, **Riley's** Curtin Middle School Odyssey of the Mind Team, coached by **Shelby Weber**, placed third in the same tournament held March 13 in Mansfield.

Honor roll students included **Theron Hershey** on the high honor roll at Lycoming Valley and **Riley Weber** at Curtin. **Emily Newcomer** will portray Grace in Curtin's production of "Honk" to be performed April 9 and 10 at the school. College student **Sarah Larson** was named to the dean's list at Bloomsburg.

In the slightly older set our own **Philip Thomas** was among those selected to receive the 2009 John Dillon Award in recognition for outstanding service to the members of the Pa. Assoc. of School Retirees and the Lycoming County Chapter.

Katy Elkin continues to make a name for herself in the world of baroque music. Her recording, "Crossing the Red Sea", is a recording of the music from the concert given by her group, Le Tendre Amour, at a music festival in Summer, 2009. The critic wrote "an album with charm, evocative of a world that tries to live again and again, but the tragedies darken. The music becomes a sweet refuge, a companion can evoke joy leaking over time." Congratulations to Katy and her group.

A personal note, I try to scan the papers, even the tiny print in honor roll lists for news of our congregation but sometimes I miss one. Please send me your news, e-mail <u>deermountain2@comcast.net</u> so that you will be included!

- Joyce Anne Hershberger

Please submit items to Joyce via her email deermountain2@comcast.net or by calling her at 322-0410.

Christian Community Service Opportunities

Spring Clothing Sale Saturday, April 10, 2010 9:00 a.m. ~ 1:00 p.m.

The Women of St. Mark's will once again host their annual clothing sale on April 10th. Donations of clean clothing and clothing accessories in sizes infant to adult may be placed in the Bazaar Room.



Coats, jackets, suits? Shoes, boots, ties, belts? Handbags, scarves, jewelry? We'll take it! Sneakers, hats, socks? Jeans, slacks, sweaters?

We'll take it! We'll take it! We'll take it! We'll take it!



This is a "win-win" situation for everyone involved! You get to clean out your unwanted items, the buyer is able to provide for their family at a bargain price (and during these economic times that's a big bonus to many families) and with Thrivent matching funds the women raise money for mission support! Who knew those unused items could benefit someone on the other side of the world?

Any clothing not sold the day of the sale will be sorted and distributed to Daniel's Closet (an outreach of Redeemer Lutheran), **NGA** (New Garment Agency formerly the Needlework Guild of America),

the West End Community Center

and other local charities that express a need for clothing when contacted, and the American Rescue Workers.

As you tackle that Spring-cleaning, please take a few minutes and help us reach out to those in need in our community.

> Please contact Shirley Hill (323-7546) or Becky Miller Pryor (321-9523) with questions or to volunteer.

YOUTH & FAMILY MINISTRY



REMINDER: Operation Christmas Child

Don't go rushing to your calendars—we know it's spring!!! As we did last year, we are making the packing of these boxes an intergenerational event AND taking advantage of sales during the rest of the year!! Find coloring books for 25ϕ each? Pick up several!! Fun erasers or pencils? Get a couple packs!! A white sale with washcloths for two bits? Bring it on!!

So, scout around the sales now. Don't try to get a lot of different things to fill one or two boxes. If you find a good deal, pick up a dozen or so of one item! Bring it in to the office here (there's a box in the hallway by Middle Lounge). We'll store it.

In the beginning of November, we'll once again meet for soup and sandwiches after a 10:30 service and have a group pack-and-wrap!!! We've been having a lot of fun with this service!!! How about joining us this time!?!

This doesn't preclude anyone packing their own boxes if they enjoy it. This is merely another reason to get folks together for a good time and to help others. So! What do you say?? See you at the mall!!



St. Mark's Annual Church Picnic June 6, 2010

If you are interested in being on the committee for our annual picnic, please join us in Middle Lounge on Sunday, April 18, immediately

following the 10:30 service.

If you have any ideas and would like to help, but can't make it to the meeting, please call or email Michele Owen: 323-4619 or mowen@stmarkswilliamsport.org.

If anyone would like to make a donation toward the purchase of food and supplies for the picnic, envelopes are available in the narthex for your contribution.

JOIN US FOR FRIDAY FUN NIGHT April 30th 6:30 PM



Is this the scene at your house when it's time to play games? Bring everyone down and remember what real fun is!!!

Bring your favorite game, snack and enthusiasm to Fellowship Hall.

If you need a ride—CALL US! We'll be glad to come for you and take you home at the end of the evening!

PAGE 9

YOUTH & FAMILY MINISTRY

MILESTONE MINISTRY

BLESSING OF THE KEYS

We have a special milestone celebration for the youth in our congregation who attain their junior driver's licenses. It's a meaningful observance, during which the new driver gives up something from his or

her childhood in exchange for the new responsibility of driving. We have also developed a means of recognition for those drivers receiving their senior license.

In March, Katie Schmitt received this blessing from the congregation at the 10:30 service. Are there more youth out there ready for this important step?

Since different families have different timetables for these events, we can't just refer to the church register for the information. We have no idea which youth are reaching this important milestone in their lives—unless you tell us!! Please let the church know if your child has recently received a junior or senior license as soon as possible. A date for celebration will be set once we know who these special teens are.

HEAVE-HO! LET'S GO!

Ready for the voyage of a lifetime?

At High Seas Expedition, kids explore the mighty love of God on a journey that will change them forever! High Seas Expedition is filled with incredible Bible-learning kids see, hear, touch, and even

taste! Bible Point crafts, teambuilding games, cool Bible songs, and tasty treats are just a few of the High Seas Expedition activities that help faith flow into real life.

Plus, we'll help kids discover how to see evidence of God in everyday life something we call God Sightings. Get ready to hear *that* phrase a lot!

Parents, grandparents, and friends are invited to join us at the end of each day, because that' s when we'll be having The Floating Finale a daily celebration of God's love you won't want to miss.

So mark these dates on your calendar: Sunday, June 13, through Thursday, June 17, 2010. Call 323-4619 or email mowen@stmarkswilliamsport.org

or bjones@stmarkswilliamsport.org to register your children for this life-changing adventure!

YOUTH & FAMILY MINISTRY



The competition between St. Mark's and First UM begins at 5:00 P.M., Sunday, April 25, 2010, in Fellowship Hall at St. Mark's Lutheran Church, 142 Market St., Williamsport.

A tasty meal of salad, chicken cordon bleu, broccoli, red stripe potatoes, and roll with a chocolate delight for dessert will be served to all those making reservations through St. Mark's at 323-4619. Once the meal has been served, the cooking challenge begins. St. Mark's team of Pastor Kenneth Elkin, Ruth Rees and Bernadette Jones face off against the First UM team led by Pr. David Spearly. In order for all those present to view the event, the

contest will be projected on the large screen on stage. (It will also be streamed live on the web at http://www.ustream.tv/stmarkschurch for those unable to attend.)

Seventy-five percent of the \$25 ticket cost will go directly to Family Promise of Lycoming County. This is very exciting, as Family Promise is ready to leap into action in April! They now have thirteen host congregations (plus several supporting churches), a director, a day center and a van! All that's needed now is funding!

If you cannot attend (or even if you can!), you can become a patron of this event in support of Family Promise of Lycoming County. We will place patrons in the *a la carte* listing (\$1 -



\$49), the *cordon bleu* listing (\$50 - \$99), or the *haute cuisine* listing (\$100 and more) of our program. Please contact St. Mark's with your donation.

Please join St. Mark's as they defend the title, Iron Chef Williamsport, in this second annual competition. Whether you're cheering for them, for First UM or for Family Promise—they'd love to see you there!

To read the original challenge and for your viewing pleasure, please go to <u>http://</u> <u>www.youtube.com/user/StMarksChurch</u>. Feel free to forward it to others after enjoying it yourself.



for Lutherans

The next Thrivent build site will be 2107 West Third Street in Newberry. Anyone interested in participating in this year's build should contact Todd Smith.

For information on the Thrivent Builds Groundbreaking Ceremony and the Faith & Family Footprint Walk see the related article on page 4. WHO'S GRADUATING... from high school or college??

Let us know so these young people can be recognized for their accomplishments!! Call or e-mail the office—we're waiting to hear!



PAGE 12

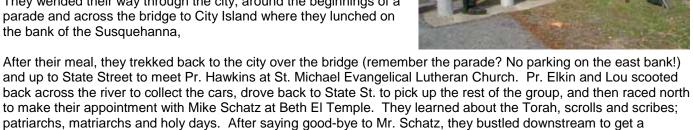
YOUTH & FAMILY MINISTRY

A Journey to Our State Capitol

On a beautiful morning on Saturday, March 20, nine seekers of adventure gathered at 7:30 a.m. at St. Mark's, ready to head south to the seat of our state government. Their number included three catechetical students, one additional youth, two mentors, one parent, one instructor, one pastor, and a partridge in a ... sorry, got carried away for a moment ... They hit the road before 8:00 a.m. and arrived at their first stop ... EARLY!

Their first stop was at St. Catherine Laboure Parish, a round church with seven contemporary stained glass windows encircling the congregation. The next destination on the agenda was St. Ann Byzantine Church where they viewed overwhelming icons and learned about worship steeped in tradition from member, Marie Nestor. The last visit of the morning was to historic Paxton Presbyterian Church, learning a lot about local history from Ron Wix, as well as the 270year-old church.

They wended their way through the city, around the beginnings of a parade and across the bridge to City Island where they lunched on the bank of the Susquehanna,



glimpse of St. Patrick's Cathedral before the evening service began.

In what has become a tradition for these trips, they located the nearest Old Country Buffet and dined there before turning the front bumpers toward home. Having been blessed with wonderful weather, enthusiastic instructors, good friends and good food, they arrived back in Williamsport shortly after 9:00 p.m.

Some of the students reported on their thoughts of the day and messages to the congregation.

Breakfast with the Pastor St. Mark's Annual Easter Egg Hunt Saturday, April 3, beginning at 9:45 a.m.



Please join us as we have fun with our youth, ages ranging from toddlers up to grade 5, here at the church during the morning of Saturday, April 3, starting at 9:45 a.m.! We will begin by having breakfast with the Pastor and then we will have our Easter Egg Hunt.

It is very important to call the church office to let us know if you will be attending and how many will be in your party.

We need to be sure we have enough food for everyone who comes. We always plan for more, but recently the planned-for number almost doubled. It was great that that many were able to attend and it was wonderful to see everyone-we hope to see you all again this year! Donations of small erasers or egg-sized Easter toys would be appreciated and accepted! We look forward to seeing you all there!

APRIL 2010

PAGE 13

YOUTH & FAMILY MINISTRY

ATTENTION HIGH SCHOOL SENIORS & STUDENTS IN COLLEGE!!!

THE ST. PAUL LUTHERAN CHURCH SCHOLARSHIP

The Scholarship Program

The St. Paul Lutheran Church Scholarship Program was founded by the congregation of the former St. Paul Lutheran Church in Williamsport, Pennsylvania. St. Paul Lutheran Church, prior to its closing, established this special scholarship program to benefit Lutheran students in Lycoming County, Pennsylvania, in perpetuity.

Eligibility

Eligible candidates will be graduating seniors of a high school, or a high school graduate equivalent, located in Lycoming County, Pennsylvania. Candidates must be members of a Lutheran church, and eligible candidates also include those individuals who were members of St. Paul Lutheran Church in Williamsport, Pennsylvania, at the time of its closing. Candidates must be attending, or plan to attend in the 2010-2011 academic year, an institution of higher education (academic, technical, or vocational). Eligible candidates must also have a minimum grade point average (GPA) of 2.5 on a 4.0 scale and demonstrate involvement in church and community. Candidates may reapply in successive years for scholarships available from this program.

Scholarship Awards

Scholarships awarded in 2010 will be available only for the 2010-2011 academic year. Scholarship awards may be used only for educational expenses, including tuition, books, laboratory expenses, or other education-related expenditures that are approved by the Foundation.

Selection of Recipients

The number of scholarships awarded, the amount of the scholarship awards, and the selection of scholarship recipients will be determined by the Foundation.

Application Process and Deadline

Students who wish to apply to the scholarship program must complete an application and required letters of recommendation and submit materials postmarked no later than **April 15, 2010**. The application and required attachments is available online at:

http://www.thelcf.org/grants/scholarship_applications/the_st_paul_lutheran_church_scholarship



Promise. We look forward to seeing you and your family there!



If you've never considered helping out in the nursery, please give it some thought and volunteer for this worthwhile service. The care of our children is a very rewarding ministry—and not having children of nursery age is *not* an excuse! Most of our volunteers have grown children or attend 8:00 a.m. service and do not use the nursery for their own children!

Please see if you can find it in yourselves to help out with our little ones and give Vicki Hospes a call to sign up as a volunteer. Thank you!

PAGE 14

St. Mark's Celebrations!

Jenna Ever 04/02 Jon Huff 04/02 **Bernadette Jones** 04/02 Mary Helen Scinicarello 04/02 Eric Comini 04/05Tina Harvev 04/05Linda Rosini 04/06 **Carol Butters** 04/07 John Goertz 04/07 Zachary Travis 04/08 Elda Zeigler 04/09 Taylor Wentzel 04/10 Sadie Wentzel 04/10 **Robert Clouser** 04/11 Nathan Hafer 04/12Geoffrey MacGill 04/13**Michael Ochs** 04/13 04/14 Ezra Buckman Veronica Doane 04/14 04/14 Johnny Hinds



Steven Bieber Jr. 04/1504/15 Jami Larson **David Hughes** 04/17 Sara Neal 04/17 Paiton Patrick 04/17 **Beverly Best** 04/18Christina Comini 04/18 Beverly Schmitt 04/18 Cynthia Hartzel 04/19 Jeffrey Byerly 04/20 **Doris Griggs** 04/20 Karen Pelleschi 04/20 Carl Reidy Jr. 04/20 Catherine Kneedler 04/21 Marc Fish 04/23Benjamin Haussmann 04/23 Karen Burd 04/26 Lisa Welker 04/27 **Ruth Ditchfield** 04/29 **Dorothy Bingaman** 04/30

Happy Anniversary!

Birthday!

Robert & Bernadette Jones04/08Louis & Kathy Kolb04/08Theodore & Jane Larson04/21





Carl & Audrey Albright Randy & Jeannette Lukens Clint & Megan Eppleman

04/23 04/23 04/26

High Seas Help Wanted

Bernadette and Michele have planned workdays for the construction and painting of theme pieces for "High Seas Expedition." On Sunday, May 2, after the 10:30 service until about 2-2:30; and two Saturdays, May 15 *AND* May 29, at 10:00 a.m. until noon or 1:00, we will meet for a period of productive fellowship. So if you have any artistic talent, can wield a mean utility knife, paint a solid base coat, or just be able to keep the coffee coming please join us on one or all of these Saturdays to prepare for the opening of "High Seas Expedition."

A Special Thank You

Thank you to everyone for the many cards, phone calls & prayers I received during my recent surgery. It was very encouraging to be remembered by so many wonderful people!

- Dick Wagner, Financial Secretary

HEALTH, HEALING & WHOLENESS

"Then he took curds and milk and the calf that he had prepared, and set it before them; and he stood by them under the tree while they ate." (Genesis 18:8, NRSV)

Some Biblical scholars believe that the *curd* with which Abraham fed his heavenly visitors, might actually have been a form of what we now call yogurt (NLV). Indeed the word yogurt comes from the Turkish for "thick milk". Both curds and yogurt come from milk; however, there is a slight difference in the way each is produced. Yogurt is produced by introducing certain types of edible, helpful bacteria [probiotics] to milk and allowing fermentation to occur (breaking down the sugar lactose). Curds, on the other hand, are produced by the curdling of milk with an enzyme called 'rennet' or by adding an edible acid, such as lemon juice or vinegar, to the milk. These acids cause milk proteins to tangle into solid masses, or curds. Milk and milk products – from a variety of sources [goat, cow, camel] played a vital role in the daily lives of the Hebrew people, and are mentioned numerous times throughout the Bible.

Perhaps you have seen ads on TV or in magazines for a "new" type of yogurt which promises "to be scientifically proven to help with slow intestinal transit when eaten daily for two weeks as part of a balanced diet and healthy lifestyle" [it relieves constipation], thanks to the introduction of something called *Bifidus regularis*. *Bifidus wha-is?* Bifidus regularis is a probiotic – helpful bacteria that when added to food (in this case, yogurt) and ingested, helps to maintain the natural balance of organisms in the intestines. Helpful bacteria are "vital to proper development of the immune system, to protection against microorganisms that could cause disease, and to the digestion and absorption of food and nutrients." (<u>www.nccam.nih.gov</u> – *Get the Facts: An Introduction to Probiotics*). Foods containing probiotics include yogurt, miso, tempeh, and some soy beverages. The National Center for Complementary and Alternative Medicines (NCCAMM) reports that sales of probiotics in the US nearly tripled from 1994-2003.

For years, doctors have encouraged the use of regular yogurt as a means to correct diarrhea that is linked to antibiotic use (antibiotics tend to eliminate both good and bad bacteria in places such as the digestive track). A decrease in beneficial bacteria can also lead to other infections within the urinary tract, and trigger yeast infection in women. Scientific studies of probiotics continue. The NCCAM indicates that there is "some encouraging evidence" that specific probiotic forms may be useful in:

- treating other types of diarrhea, especially rotavirus (the plague of daycares)
- treating irritable bowel syndrome (IBS)
- reducing recurrence of bladder cancer
- shortening how long an intestinal infection lasts when caused by a bacterium called *Clostridium difficile* or *C.diff* (a particularly nasty bacteria that causes intestinal infection in some long-term-care settings)
- preventing and managing atopic dermatitis (eczema) in children. (Get the facts ...)

So... does it really work? More information is needed, in particular in probiotic use by small children, the elderly, pregnant or nursing mothers, or by folks who have a compromised immune system. But there is promise. Tufts University School of Public Health and Tropical Medicine is studying the possibility of certain probiotics being used to treat diarrhea in undernourished children of third world countries.

Side effects of use are typically mild, but can include allergy, gas or bloating, and there is always the potential for adverse interaction with prescription and over-the-counter medications. The bottom line is this, always consult your health care provider before you plan to use <u>any</u> form of dietary supplement, including probiotics.

SPECIAL CONCERNS LIST

Patricia Alexander 505 Center St., Apt. #61 Williamsport, PA 17701

Edith Anderson The Hillside, Room #104 2725 Four Mile Drive Williamsport, PA 17701

Nancy Bohartz 624 Sixth Ave. Williamsport, PA 17701

Elizabeth Chrisman 690 Harding Ave. Williamsport, PA 17745

Bonita Crossley R.R. #1, Box 1001 Hillsgrove, PA 18619-9300

June Decker Williamsport Home, Room 413 1900 Ravine Rd. Williamsport, PA 17701

Larue Dieter 2150 Warrensville Road, Apt. 2 Montoursville, PA 17754

Charles Ditchfield Valley View, Room 308 Montoursville, PA 17754

Doris Fortin Rose View Center 1201 Rural Ave., Room 223B Williamsport, PA 17701 Lois Graybill Williamsport Home, Nursing Unit 1900 Ravine Rd., Rm. #306 Williamsport, PA 17701

Jean Gulliver Rose View Center 1201 Rural Ave. Williamsport, PA 17701



Messiah

Gail Hoffman 153 Hampton Way Montoursville, PA 17754

Charles Homan 2215 Warrensville Rd. Montoursville, PA 17754

Charlotte Hughes 140 Blueberry Lane Williamsport, PA 17701 Eugene & Reba Jacobs 1306 Faxon Parkway Williamsport, PA 17701

Anne Miller 947 Hepburn St. Williamsport, PA 17701

Jane Oakes Presbyterian Home 810 Louisa St., Apt. 204 Williamsport, PA 17701

Mary Helen Scinicarello Danville St. Hosp. #311 Danville, PA 17821

Eleanor Sobers 425 W Highland Ave. S. Williamsport, PA 17702

Anna Stiadle 1900 A. Ravine Rd., Apt. 112 Williamsport, PA 17701

Ira Tuxford 210 Louise Ave. Montgomery, PA 17752

Beulah Wrede Faxon Commons, Apt 305 1804 Loyalsock Drive, Williamsport, PA 17701

Ralph Zeigler Sr. Rose View Court 1251 Rural Ave., Apt. 209 Williamsport, P A 17701

Women of ELCA

Shirley Hill

Listing of Current St. Mark's Staff, Council, Chairs & Volunteers Please notify the Susan with any corrections or additions! Thank You! Staff Rev. Kenneth Flkin 323-4619/323-7367 Pastor pastor@stmarkswilliamsport.org rlakey@stmarkswilliamsport.org **Director of Music** 323-4619 **Richard Lakey** Christian Education Bernadette Jones 323-4619 bjones@stmarkswilliamsport.org Christian Education Michele Owen 323-4619 mowen@stmarkswilliamsport.org Parish Secretary Susan Mahserjian-Smith 323-4619 smsmith@stmarkswilliamsport.org **Richard Wagner** 323-4619 **Financial Secretary** rwagner@stmarkswilliamsport.org **Church Sexton** Louis DeSeau 323-4619 Ideseau@stmarkswilliamsport.org **Church Website** stmarkswilliamsport.org Church email stmarks@stmarkswilliamsport.org Office Number 323-4619 Fax Number 323-2452 Council Gary Weber **Council President** 322-7149 gweber@stmarkswilliamsport.org **Council Vice-President** Todd Smith 220-1350 tr.smith@us.army.mil Council Secretary Jane Zimmerer 433-3324 **Council Assistant Secretary** Beth Shafranko 322-6005 shafrankob@chilitech.net **Council Treasurer** Jackie Kinney 323-5980 jskinney1@comcast.net Council Assistant Treasurer Brenda Bittner 326-0803 bitnews@comcast.net **Council Member** Nick Buckman 323-1707 alasterb@gmail.com **Council Member Bud Hershberger** 322-0410 deermountain2@comcast.net **Council Member** Bill Hill 323-7546 wjh1226@verizon.net Council Member **Bob Miller** 322-5825 rlmagm@aol.com **Council Member** Scott Bittner 326-0803 bitnews@comcast.net bonnie@fisheragency.com **Council Member** Bonnie Eyer 368-3636 **Council Member Clinton Eppleman** 244-1371 eppleman@lycoming.edu **Council Member** Dinah Labenberg 435-5168 xtremephilafan@aol.com **Council Member** Michele Ramsauer 368-8036 perur@comcast.net Youth Observer **Declan Jones** fighterjock26@gmail.com 320-9703 Chairs Mutual Ministry Carl Hieber 323-5921 retiredbroker@comcast.net Worship & Music Beth Shafranko 322-6005 shafrankob@cs.com Becky Miller-Pryor Social Ministry 321-9521 murphy173@verizon.net Parish Life **Bob Jones** 323-4619 bobjonessells@gmail.com Property Frank Doebler 326-1621 fdoebler@verizon.net Fine Arts Joyce Hershberger 322-0410 deermountain2@comcast.net Little Lamb Liaison Joyce Hershberger 322-0410 deermountain2@comcast.net Ray & Cindy Huff Stewardship 368-1473 rhuff@montoursville.k12.pa.us Archives **Clinton Eppleman** 244-1371 eppleman@lycoming.edu Carl & Beverly Hieber Memorials 323-5921 retiredbroker@comcast.net Jackie Kinney jskinney1@comcast.net Finance 323-5980

323-7546

wjh1226@verizon.net

Listing of Cur	rent	St. Mark's Sta	aff,	Counci	I, Chairs & Volunteers
.					
		Other Mini	stry	Leaders	
Stephen Ministry	Jan	e Larson	433-3	380	janelarson1@verizon.net
The Way Ministry	Mel	Wentzel 327-8286		286	tookool4school@comcast.net
Website Ministry	Gar	y Weber 322-7149		149	gweber@stmarkswilliamsport.org
Publicity	Katl	thy Kolb 326-7		529	kathy@kolbworks.com
		Other V	olun	teers	
Acolytes		Brittany Lynch		279-8545	brittanyltoy@hotmail.com
Nursery		Vicki Hospes		326-7318	
Shut-In Mailings		Judy Fortin		323-7715	
Pew Cards/Pencils		Ernestine Doane		368-2942	
Worship Greeters 8:0	00 AM	Tim Maggs		322-8109	tfdjmaggs@aol.com
Worship Greeters 10:3	0 AM	Tim Maggs		322-8109	tfdjmaggs@aol.com
Altar Guild		Beverly Hieber		323-5921	retiredbroker@comcast.net
Flower Delivery					
Altar Flowers		Deb Maggs		322-8109	tfdjmaggs@aol.com
Greeting Card Ministry					
Lector Scheduling 8:0	0 AM	Grace Arner		433-3237	
Lector Scheduling 10:3	30 AM	Joyce Hershberger		322-0410	deermountain2@comcast.net
Communion Assistants		Carl Hieber		323-5921	retiredbroker@comcast.net
Assisting Ministers		Joyce Hershberger		322-0410	deermountain2@comcast.net
Quilt-making & Sewing	J	Shirley Hill		323-7546	
Hospitality 8:00 AM		Shirley Kinney		327-8917	
Hospitality 10:30 AM					
Ushers		Bud Hershberger		322-0410	deermountain2@comcast.net
Home Communion		Lois Smith		433-0183	rhsmith@suscom.net
Prayer Chain		Larue Dieter		433-3453	larud@peoplepc.com
Prayer Venture Cards		Gene Jacobs		322-0390	
Bread & Soup Ministry		Jane Kline		326-9672	janeart1@verizon.net
Family Promise		Becky Miller Pryor Jane Zimmerer		321-9523 433-3324	murphy173@verizon.net
Birthday & Anniversary	/	Susan Mahserjian-Sn	nith	323-4619	stmarks@stmarkswilliamsport.org
Food Service		Bob Jones		323-4619	bobjonessells@gmail.com
Transportation Reques	sts	Bernadette Jones Michele Owen		323-4619 323-4619	bjones@stmarkswilliamsport.org mowen@stmarkswilliamsport.org
Bulletin Sponsorship		Susan Mahserjian-Sn	nith	323-4619	stmarks@stmarkswilliamsport.org

St. Mark's April Calendar of Events

1 Thursday

Maundy Thursday 6:31 AM Men's Ministry 9:00 AM Morning Pray er 12:00 PM Holy Communion 7:00 PM Holy Communion 8:00 PM Senior Choir

2 Friday

Good Friday Office closes at noon 9:00 AM Morning Prayer 12:00 PM Good Friday Ecumenical Service 7:00 PM Tenebrae

3 Saturday

9:00 AM Decorate 9:45 AM Breakfast & Egg Hunt 8:00 PM Vigil of Easter

4 Sunday

Easter Sunday 8:00 AM Holy Communion 9:15 AM Sunday School 10:30 AM Holy Communion

5 Monday

Office Closed 9:00 AM Morning Prayer 7:00 PM Civic Chorus

6 Tuesday

8:00 AM City Pastors 9:00 AM Morning Prayer 6:00 PM Brownies 6:30 PM Family Promise Board

7 Wednesday

9:00 AM Morning Prayer 9:20 AM Staff Mtg. 9:30 AM Clothing Sale Set-Up 12:00 PM Bible Study

8 Thursday

6:31 AM Men's Ministry 8:00 AM Stephen Min. I 9:00 AM Morning Pray er 9:30 AM Clothing Sale Set-Up 7:30 PM Senior Choir

9 Friday

9:00 AM Morning Pray er 9:30 AM Clothing Sale Set-Up

10 Saturday 9:00 AM Clothing Sale

11 Sunday

Easter II 8:00 AM Holy Communion 9:15 AM Sunday School 10:30 AM Holy Communion 12:15 PM The Way Gathering 2:00 PM Icon Tea 5:00 PM Family Handbells

12 Monday

Family Promise Opens! 9:00 AM Morning Prayer 6:00 PM Civic Chorus Board 6:30 PM Adult Handbells 6:30 PM Property Committee 7:00 PM Civic Chorus

13 Tuesday 9:00 AM Morning Prayer 6:30 PM Finance Committee

14 Wednesday

9:00 AM Morning Pray er 9:20 AM Staff Mtg & Quilting 12:00 PM Bible Study

15 Thursday

6:31 AM Men's Ministry 9:00 AM Morning Prayer 5:30 PM Stephen Min. II 7:30 PM Senior Choir

16 Friday

Newsletter Deadline 9:00 AM Morning Prayer 7:00 PM American Guild of Organists Program

18 Sunday

Easter III 8:00 AM Holy Communion 9:15 AM Sunday School 10:30 AM Holy Communion 12:15 PM The Way Gathering 1:00 PM Server Training 5:00 PM Family Handbells 6:00 PM Catechetical Gathering

19 Monday

9:00 AM Morning Prayer 6:30 PM Adult Handbells 6:30 PM Council Mtg. 7:00 PM Civic Chorus 7:00 PM Dog Club



20 Tuesday 9:00 AM Morning Prayer 6:00 PM Brownies

21 Wednesday

9:00 AM Morning Prayer 9:20 AM Staff Mtg & Quilting 10:00 AM Little Lambs Liaison Mtg 12:00 PM Lunch 'N' Fellow ship

22 Thursday

6:31 AM Men's Ministry 9:00 AM Morning Prayer 7:30 PM Senior Choir



23 Friday 9:00 AM Morning Prayer 9:15 AM Lion Crew

24 Saturday 9:00 AM Daniel's Closet @ Redeemer

25 Sunday

Easter IV 8:00 AM Holy Communion 9:15 AM Sunday School 10:30 AM Holy Communion 5:00 PM Iron Chef FP Fundraiser

26 Monday

9:00 AM Morning Prayer 6:30 PM Adult Handbells

27 Tuesday 9:00 AM Morning Prayer 7:00 PM Family Promise 7:00 PM Wmspt. Music Club

28 Wednesday

Beiter's Charity Drive 9:00 AM Morning Prayer 9:20 AM Staff Mtg & Quilting 12:00 PM Bible Study

29 Thursday

Beiter's Charity Drive 6:31 AM Men's Ministry 9:00 AM Morning Prayer 7:30 PM Senior Choir

30 Friday

Beiter's Charity Drive 9:00 AM Morning Prayer 6:30 PM Friday Fun Night



ST. MARK'S LUTHERAN CHURCH 142 MARKET ST. WILLIAMSPORT, PA 17701

Phone: 570-323-4619 Fax: 570-323-2452

Website: http://www.stmarkswilliamsport.org Email: stmarks@stmarkswilliamsport.org



Non-Profit Organization U.S. POSTAGE **PAID Permit No. 257** Williamsport, PA 17701

Return Service Requested

You are cordially invited to the Icon Tea Sunday, April 11, 2010 2:00 P.M.

Among the wonderful possessions of St. Mark's is our collection of icons and icon prints. Each Sunday we see one or more of them displayed in the chancel, but we have not undertaken to see the whole collection of more than 30 objects at once in all its color and storytelling power. From 2:00 to 4:00 on Sunday afternoon, April 11, plan to visit Fellowship Hall where our icons will be displayed and we can hear and see what they have to tell us of the Good News of Jesus Christ. In addition, we will display several of our special needlework possessions which we use but don't have time to discuss and appreciate in the midst of worship. We'll also enjoy tea and a light dessert while we learn about and enjoy the visual arts. Our special guest near the beginning of the time will be Fr. Dan Kovalak of Holy Cross Orthodox Church here in Williamsport, who will speak about icons with special reference to several of the ones in our collection. It is a special opportunity; come and enjoy!