



The Lion of St. Mark's

JUNE 2008



We're at Home with Habitat in Williamsport!

New things are underway with Habitat in the western part of our city. On May 30, ground will be broken for five new Habitat homes. One of them is of particular interest to us. It is being called the "Apostle Build", and it is intended to be a cooperative venture of many churches in the community.

Over the next number of months, folks from Lutheran, Methodist, Presbyterian, etc. churches are being asked to volunteer to personally assist in the work in a number of ways. There is a need for hammer and nail persons, but other skills are also needed: lunch-providers, encouragers, fund-raisers, pray-ers, in addition to all of the building trades.

Mr. Todd Fox, head of the local Habitat affiliate, will be with us on Sunday morning, June 15 to lead the forum time at 9:15 in the Crossways Room. Mr. Fox is a local man, raised and educated here, and with 17 years of service in local banks. Now as head of Habitat, he is able to use all of that valuable experience in a new way, to help persons who could not otherwise afford a home, to be able to become homeowners with their families.

The Council met Mr. Fox at its regular May meeting, and are eager that other members of the congregation have a chance to hear him and to ask questions about the work just getting underway. It is clear that there is a need for these homes. It has been discovered that 35% of the renters in Williamsport are living below the poverty level and there are 14,000 people in Lycoming County in poverty. Over the years, Habitat volunteers have

built 38 homes in our area, getting a number of persons on the road to changing their lives and community.

Another new venture of Habitat this year is called ReStore. New and gently used items are donated from a variety of sources and then made available for sale to the public at greatly reduced prices. It is estimated that every dollar spent in the ReStore will keep 1.3 pounds of material out of the landfills. In the course of a year, it is estimated that would total about 80 tons diverted to good use instead of becoming garbage!

The ReStore is located on Lycoming Street in the former Ertel building. From Fourth Street, turn north at the Maneval Funeral Home for two blocks, and then turn west onto Lycoming Street. The general public is most welcome on Wednesday thru Saturday to visit the ReStore and see what things they have that might be useful in one's own home.

Let's think how we can make a difference in our community through our personal and congregational involvement in Habitat.



COUNCIL UPDATE

Inside This Issue:

Williamsport Habitat for Humanity	1
Council Notes.....	2
Officer & Staff Contact Information.....	2
Parish Register.....	2
Lunch N' Fellowship.....	2
Milestone Thank you & Bible Dedications.....	3
News from the Pews.....	4
Summer Forums.....	4
July 4th Celebration.....	5
Family Promise.....	5
Kits, Quilts & Soap Collections.....	6
ELCA, SYNOD & West Branch News.....	7
VBS SONWORLD Adventure Park!.....	8
Summer Choir Camp "David & the Giants".....	9
Friday Fun Night.....	9
Wedding Anniversary Milestone.....	10
Congratulation Graduates!.....	10
St. Mark's Summer Playgroup.....	11
Summer Family Film Festival.....	11
American Cancer Society Relay For Life.....	12
Narnia Youth Lock-In.....	12
Birthdays & Anniversaries.....	13
Nurses Notes.....	13
Special Thank You Notes.....	14
Directory Changes.....	14
Health, Healing & Wholeness.....	15
Special Concerns List.....	16
May Calendar.....	17
St. Mark's All Church Picnic.....	cover

COUNCIL MEETING NOTES

The Council met in its first regular session for the new term on Monday, May 19 in the Crossways Room. The Council:

- welcomed newly elected member Todd Smith
- elected officers for the year: President Bud Hershberger, Vice-President Gary Weber, Secretary Donna Clark, Treasurer Jackie Kinney, Assistant Treasurer Brenda Bittner.
- elected Declan Jones to be the Youth Representative to the Council.
- received the reports of the Pastor, Officers, and committees, calling attention to various details and expanding a bit on some of them.
- agreed to meet in special two-hour session at 10:00 A.M. on May 31 in the Crossways Room to review the progress made on our goals set in Mission at the Crossroads one year ago. Additional key leaders will be invited to attend.
- welcomed Mr. Todd Fox, head of the local Habitat affiliate, to introduce the Apostle Build set to begin in June. He will return for a Sunday morning forum on June 15.
- remembered that installation of newly-elected and re-elected members will be on May 25.
- noted that the next regular session of the Council will be on June 23.

closed the meeting by joining with our guest and several other congregation members in the building by praying Prayer at the Close of the Day in the chapel, led by Gary Weber, vice-president.



LUNCH N' FELLOWSHIP
JUNE 18th Noon

Hot Dogs & Buns

Bring a dish to share and a friend to share it with!

Parish Register

- Dan Boone and wife in Florida welcomed a new baby.
- A graveside service was held for Lois Springman on May 16, 2008
- A memorial service was held in the Nave for Harriet Fornwalt on May 25, 2008

Staff & Officers Contact Information

Church Office 323-4619	stmarks@stmarkswilliamsport.org	Church fax number	323-2452
The Reverend Kenneth Elkin, Pastor	pastor@stmarkswilliamsport.org	Pastor's Home Phone	323-7367
Dick Lakey, Director of Music	rlakey@stmarkswilliamsport.org		
Sharon Comini, Christian Education	scomini@stmarkswilliamsport.org	Harold Hershberger, President	322-0410
Bernadette Jones, Christian Education	bjones@stmarkswilliamsport.org	Gary Weber, Vice-President	322-7149
Susan M-Smith, Parish Secretary	smsmith@stmarkswilliamsport.org	Donna Clark, Council Secretary	998-2290
Richard Wagner, Financial Secretary	rwagner@stmarkswilliamsport.org	Jackie Kinney, Treasurer	323-5980
Lou DeSeau, Environmental Services	ldeseau@stmarkswilliamsport.org	Jane Larson, Stephen Ministry	323-2845
Gary Weber, Website Administrator	gweber@stmarkswilliamsport.org	Bob Shultz, Adult Catechumenate	326-3929

CHRISTIAN COMMUNITY NEWS

Wedding Anniversary Milestone

On May 4 we celebrated our wedding anniversary milestone with nine couples who have been married more than fifty years. The Crossways Room and Fellowship Hall were decorated to reflect this joyous occasion.

Becky Miller Pryor wishes to thank the many members of the congregation who shared their time and talents to create a memorable day for our couples. Thanks go to *Bob and Bernadette Jones* for their efforts from initial planning to kitchen duty to wait staff. *Sharon Comini* made our gifting special with her beautiful artwork and calligraphy. *Lois Smith, Jackie and Shirley Kinney, Lou DeSeau, Carl and Bev Hieber, and Todd Smith* are thanked for preparing a delicious meal. A special thanks is also extended to *Bev Hieber, Shirley Kinney, and Ruth Rees* for donating homemade applesauce and fresh mint to include in our menu. Thanks also to *Declan Jones, Sara Jones, Lauren Campbell, Brett Campbell, and Hannah Ramsauer* for their first class service as waiters under the direction of *Bob Jones*. And *Gary Weber* is to be thanked for doing a very professional job of photographing and videotaping this event. Thank you, Gary. Finally my thanks and appreciation is extended to *Pastor Elkin* for his guidance in the planning of this event and for providing corsages, boutonnieres, and a large floral arrangement to add to the festivities.



Please visit our website to view our honored couples and the festivities.

Let the Word be heard!

Family members of several of the couples that were honored at our Wedding Anniversary Milestone event on May 4 have given a permanent thanksgiving for the event by placing 13 copies of the Bible in the pew racks in the nave. Purchases have been made :

In honor of William and Marion Waldeisen by

- Rob, Barb, John, & Kasie Waldeisen,
- Mark, Patti, Katelyn, & Kara Waldeisen
- John C. and Wendy L. Hooper

In honor of James and Ernestine Doane by

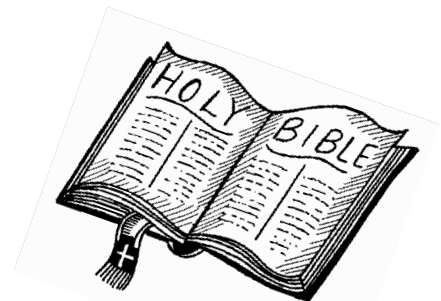
- Lynn E. Doane, Debra Praster & Lynnsey Doane

In honor of Dr. Ted and Jane Larson by

- Ted, Barb, Aric, & Alex Larson

In honor of Cecil and Kathryn Calvert by

- Greg and Susan Calvert and family
- Melody Bowers and Mark Bowers
- Mr. and Mrs. Gary Houtz, and son
- Alexander Houtz



Purchases can be made at any time for other persons or occasions that want to be remem-

News from the Pews



Scanning the pages of the local newspaper, we can find lots of exciting accomplishments by some of our young people. Students at Round Hills Elementary School recently created picture cubes to enhance the outside of the building - one of those young artists featured was Theoron Hershey who was pictured with his Mother, Trish.

The Campbell twins, Lauren and Brett, were part of a Future Business Leaders of American competition held at the state conference in Hershey. Both are students at Montoursville Area High School. Lauren placed 13th in marketing and Brett placed first in technology concepts.

Brett will represent the state of Pennsylvania at the FBLA national leadership conference in Atlanta from June 24 to June 30. Competing in the national awards program, he will vie for top honors in technology concepts against state representatives from across the United States and worldwide. Lots of luck to Brett as he takes part in this prestigious event!

Honors are not limited to our younger members - Liz Ruesskamp was honored by the Susquehanna Health System for 2000 hours of volunteer service and Ted Larson received a five year pin for his many hours of volunteer work at the Thomas Taber Historical Museum with the train collection.

I don't want to overlook anyone who should be mentioned in this column, so if you are aware of something special, please let me know.

- Joyce S. Hershberger

Christian Education

Summer Forums Return!

Please join Pastor Elkin and Becky Miller Pryor in the Crossways Room during the Sunday School hour to learn of missions both locally and globally in our community. Light refreshments will be served.



Dates and guests are:

June 8: The Salvation Army's Project Breakthrough with *Pamela Hicks*

June 15: Habitat for Humanity with *Todd Fox*

June 22: *Carl Hieber's* dental mission trip to Africa

June 29: Providence House with *Debbie Lamos*

Social Ministry News



July 4th Celebration

Preparations are underway for our annual Fourth of July celebration where we celebrate our nation's birthday by offering popcorn, drinks, and other snacks to folks enjoying the downtown festivities.



Organist Dick Lakey will offer his annual patriotic concert in the Nave at 7:30 pm.

The Social Ministry Committee needs help in setting up refreshment stations, popping popcorn, serving drinks and snacks, and cleaning up before the fireworks begin.

We also need donations of bottled water, any type of soda in 2 liter bottles, small suckers, tootsie rolls, lemonade and ice tea mix, bags of popcorn, and money to offset other expenses including the trinkets we give away to the children.

Speak with Becky Miller Pryor if you



Family Promise of Lycoming County



The fourth Tuesday of each month at 7:30 p.m. finds this organization meeting at St. Mark's. Established more than a year ago to be a faith-based response to homeless families, they continue to speak with area churches to secure 13 host congregations as the first step in establishing outreach to homeless families in our community.

Presently Covenant Central Presbyterian, Lycoming-Centre Presbyterian, St. Mark's Lutheran, Trinity Lutheran in Hughesville, Messiah Lutheran, and First United Methodist have committed to being host congregations.

Recently Pastor Elkin and Donna Maxwell, secretary of the local chapter, were invited to speak with our Lycoming County Commissioners on the role Family Promise can play in our community. Commissioner Rebecca Burke expressed interest in another meeting in six weeks at a date to be determined.

Please speak with Pastor Elkin or Becky Miller Pryor if you wish additional information. Attendance at our monthly meetings is always welcomed.

ELCA Women...

...are now collecting Kits, Quilts & Soap!

WORLDWIDE REQUESTS FOR AID CONTINUE TO INCREASE

Will you help meet the needs?



As the intensity of humanitarian needs increase worldwide, relief requests to Lutheran World Relief have been on the rise. Current inventories are unable to meet all the appeals. Please consider providing any of the following over the summer.



SOAP - A brand new bar of soap signals dignity and cleanliness. Any brand of soap in its original wrapping is welcome.

HEALTH KITS - help maintain personal hygiene to refugees while in exile and when they can return home.

SEWING KITS - provide an opportunity to make clothes to wear or sell.

LAYETTES - furnish the means for mothers to care for their newborns.

SCHOOL KITS - supply children with materials to learn.

School Kit

- 3 spiral bound notebooks (8"x10 1/2" ruled, 70 pgs.)
- 1 pair blunt metal scissors
- 2 1 12" or 30 cm ruler
- 1 pencil sharpener
- 6 new pencils w/ erasers
- 1 2 1/2" eraser
- 1 box of 16 or 24 crayons
- **Pack in cloth bag and secure with cord or rubber bands**

Layette Kit

- 2 shirts or Onesies
- 2 gowns or sleepers
- 2 receiving blankets
- 4 cloth diapers
- 1 sweater or sweatshirt
- 2 washcloths
- 1 bath size baby soap
- 2 diaper pins
- **Wrap in one receiving and secure with diaper pins**

Health Kit

- 1 hand towel (dark color)
- 1 washcloth (dark color)
- 1 bar of soap (bath size)
- 1 toothbrush*
- NO toothpaste
- 1 wide-tooth comb
- 1 metal nail file or clippers
- 6 band-aids
- **Wrap in towel and tie with ribbon or yarn**

Sewing Kit

- 3 yards 45" cotton fabric or cotton-blend fabric (no knit fabrics)
- 1 pack of hand needles
- 1 spool matching thread
- 6 1/2" buttons on a card or
- 6 1/2" buttons tied on string
- **Wrap inside of fabric and secure with yarn or ribbon**



Any size, any brand bars of soap in their original wrappers may also be donated.

ELCA, SYNOD & WEST BRANCH NEWS

Lay Ministry Institute Opens Evangelism Classes

During 2007-2008 the Lay Ministry Institute of the Upper Susquehanna Synod is hosting some of the ELCA's finest evangelism leaders. Since this is an opportunity to have contact with the best, the board of directors has opened the five remaining evangelism classes to pastors and rostered leaders.

Rostered leaders may register for any or all of the classes at a cost of \$75 for all five, or \$25 per class. Institute classes will be held 8:30 am - 3:30 pm at the Washingtonville Lutheran Church, Washingtonville on the following Saturdays:

June 14, 2008

Rev. J. Elise Brown, Manhattan, NY
Biblical insights on evangelism

September 13, 2008

Rev. Ernie Hinojosa, San Antonio, TX
The big picture - evangelism and the world

October 11, 2008

Rev. U. Fred Landsberg, Omaha, NE
Planning for congregational evangelism

November 8, 2008

Rev. Mary Anne Nelson-Loefke, Niagara Falls, NY
The future of evangelism

For further information or to register for the classes contact the Lay Ministry Institute at the synod office or Pastor Melody Sell (pmsell@chilitech.net).

"Future Pastors Camp" for Confirmation-Age Youth

The Synod's Candidacy Committee will sponsor an interactive, exciting weekend retreat on June 6-8, 2008 at Camp Mount Luther for junior-high youth who show potential for church leadership. Many pastors can point to confirmation-age experiences as the "seed" that was planted for their calling to ministry. The event will include visits with area congregations and their pastors, service projects, crafts and much more. Please speak with the Pastor to express your interest.

Synod Assembly

The Upper Susquehanna Synod will have its annual synod assembly on Friday and Saturday, June 20-21, at Susquehanna University.

Camp Mount Luther

There is still time to sign up your children and youth for summer camp. Camp Mount Luther offers seven weeks of different programs and themes for all ages. If you are not a youth, consider family camp. The theme for this year is "Just for Life!"

Ordination Anniversary

Rev. Charles Heaps and Rev. Charles Coates, both St. Luke Lutheran, in June both celebrate their 50th anniversary of their ordination. Congratulations!

Conference Assembly

The West Branch Conference gathered for its annual assembly at Christ Lutheran Church in Montgomery.

- Rev. Stevens Shipman has been elected secretary of the West Branch Conference.
- Mrs. Debbie Best has been elected to the Upper Susquehanna Synod Nominating Committee.
- Mr. Fank Bardo has been nominated for the Upper Susquehanna Synod consultation committee.
- Rev. Anke Deibler has been nominated for reelection to another three years on synod council.
- Rev. Kerry Aucker and Mrs. Karen Ramm have been nominated as voting members for the 2009 ELCA churchwide assembly.

The meeting was short and swift. The refreshments were delicious.

United Campus Ministry

UCM at Penn College gratefully accepted a gift of \$250.00 from the West Branch Conference. The money will be used to fund programs of this ministry like the upcoming fall mission weekend.

YOUTH & FAMILY MINISTRY



Give kids the ticket to adventure!

This exciting event is based on Joshua 24:15, "Choose for yourselves this day whom you will serve." Each day, kids will learn from various people in the Bible what it means to choose Jesus as their Savior. A great time is a good way to reinforce learning as the children have a blast playing fun games, singing, crafting and enjoying park-themed snacks!

June 8-12, make SonWorld Adventure Park your destination:
where fun and faith combine to make memories that last a lifetime!

YOU CAN STILL HELP!

We still need help painting sets and decorations for SonWorld.

If you have any free time weekday mornings, give us a call—
please team up with us to help prepare for the opening of "SonWorld Adventure Park."

We have our actors, but volunteers are still needed for behind-the-scenes work, kitchen help, teachers and more. Please call or e-mail Sharon!!

WANTED (for VBS):



Old cowboy boots—
mens'
size
13



Acoustic guitar
with strap

Three (3) lapel mikes that can work
with the system in Fellowship Hall

Notify Bernadette ASAP—
thank you!!

VBS Teachers & Leaders

Monday, June 2nd 6:30 pm

Training meeting to review the schedule & songs, hand out
teaching materials & sample VBS snacks.

Saturday, June 7th 10:00 am

Decorating and settling up for VBS. Everyone is welcome ! We
need all the help we can get!

Sunday, June 8th

8:00 & 10:30 am ~ Pastor will
commission the VBS Staff at both Worship services.

5:00 pm ~ Staff arrives

5:30 pm~ VBS starts with dinner

YOUTH & FAMILY MINISTRY



DID YOU MARK YOUR CALENDAR LAST MONTH??

Go get it again...go on...
We're going to fill in the details...

Do you have it?... Good.

Okay. Now, it's still from August 3 through August 10, and we still need you to participate in

St. Mark's Summer Choir Camp!

This year, we are presenting *"DAVID AND THE GIANTS!"*

The music is a little more challenging than last year and we have to enlist two armies! *And* fit them in to Fellowship Hall!!! Hmmm.....

We'll begin at 6 pm on Sunday, August 3, following a light 5:30 pm supper. We will then meet every evening through that week, following the same schedule: meal at 5:30, rehearse at 6:00. Saturday's rehearsal is scheduled for 9:00 a.m.

We'll perform after a pot-luck supper on Saturday evening (the 9th) and again at the 10:30 service on August 10th.

We need YOUR help!!

Yes, in a nutshell, we need everyone!!!

Sewers, carpenters, painters, phone callers...you name it, we need it!!

Stay tuned for more information!!!

Please contact Bernadette or Dick to let them know of your interest.

Friday Fun Night

June 27th ~ 6:30 pm

What are you waiting for?

Come on out ~

We'd love to share the fun!



"Hi. My name is J₈I₁M₃,
and I think I'm addicted to Scrabble."

YOUTH & FAMILY MINISTRY

Wedding Anniversary Milestone



PASSING ON FAITH:

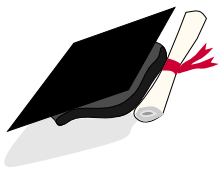
"We thank you all, our Christian family, for this celebration, one we will never forget."

There were a number of comments like this made recently as wedding anniversaries from 1953—1958 were celebrated with eight couples on Sunday, May 4, 2008. The couples and their extended families were recognized and upheld in prayer at the close of the 10:30 service that day. They were greeted by members of the congregation, posed for photos, and then moved to the Fellowship Hall for a delicious sit-down dinner. Each family was introduced to the whole group, and each couple had a chance to speak briefly. The couples honored this year included: *James & Ernestine Doane, Charles & Ann Kuntz*, Lawrence & Catherine Lundy, Frank & Phyllis Ulman, Cecil & Kathryn Calvert, William & Marion Waldeisen, Charles & Ruth Ditchfield, Theodore & Jane Larson, Jr., and Art & Jane Kline.*

The large plaque was presented, bearing the names of all of the couples. It will be displayed in the front lounge throughout the next year. Each couple received a personal-sized version of the plaque for their home, as well as a certificate reminding them that two holly trees were planted, flanking the office door, in commemoration of the event.

The dinner was planned under the leadership of Becky Miller Pryor with an efficient crew. It was served by some of our students, under the direction of Bob Jones. (One of the honorees observed that the menu, presentation and service were far superior to restaurants he had experienced in the area!) Each family's table was graced with an ivy plant and candle, which went home with the pair. The ladies were presented with a corsage and the gentlemen with boutonnieres, crafted by the pastor.

Over the past several years, this milestone event has become one of the nicest things we do to honor and encourage some of our senior couples.



Congratulations, 2008 graduates!!

*"What we are is God's gift to us.
What we become is our gift to God."*
-Eleanor Powell

High school:

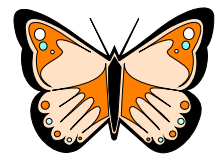
Matthew Hartsock & Mark Kinney

If we overlooked anyone, it was unintentional and we apologize. Please provide us with that information and we will print it next month.

A gain, we are sorry for any omissions.

Children's Church

The last children's service of this school year was held on Sunday, May 11. Thank you to all those who helped make all the services this year so wonderful: readers, acolytes, ushers, greeters, those who volunteered during the sermon, Mrs. Boone and Mrs. Elkin for the music, Mr. DeSeau for setting up for us, Pastor Elkin for his knowledge, the adult ushers who "cued" us for when it was time to go to the Nave, and all those who attended. Thank you, thank you!! We couldn't have done it without you!!!



YOUTH & FAMILY MINISTRY



ST. MARK'S SUMMER PLAYGROUP!

Summer is upon us! Grab your calendar and pencil in the following dates for some Summer Fun with the kids. If time permits, we'd love for you to join us in socializing, snacking and tiring out the kids!!

Sun.-Thurs., June 8-12	5:30-8:15 p.m.	SONWORLD ADVENTURE PARK
Wednesday, June 25	10:00 a.m.	Brandon Park
Wednesday, July 9	10:00 a.m.	Indian Park (Montoursville)
Wednesday, July 23	10:00 a.m.	Shaw Park (by East End Pool)
Wednesday, August 6	10:00 a.m.	Short Park (by Loyalsock Pool)
Wednesday, August 20	10:00 a.m.	Bruce Henry Park (bring a picnic lunch)



If you have any questions or need directions, please call Vicki Hausmann at 320-0561.
Hope to see you there!

SUMMER FAMILY FILM FESTIVAL at the NEW CINEMA CENTER!

At 10:00 on Tuesday mornings from the end of June, through July, there are free showings of films for families. We are organizing a trip each of these weeks. We will walk over at 9:15 a.m. Please call to let us know if you want to go. We wouldn't want to leave anyone behind!

- June 10.....*Nanny McPhee* (PG)
- June 17.....*Shrek the Third* (PG)
- June 24.....*The Pirates who Don't do Anything*(G)
- July 1.....*Bee Movie* (PG)
- July 8.....*Mr. Bean's Holiday* (G)
- July 15.....*Charlotte's Web* (G)
- July 22.....*Evan Almighty* (PG)
- July 29.....*Over the Hedge* (PG)
- August 5.....*How the Grinch Stole Christmas* (PG)
- August 12.....*Madagascar* (PG)



For info on ratings and content for these or any other movies, go to <http://www.kids-in-mind.com/m/index.htm>

YOUTH & FAMILY MINISTRY



Relay for Life—June 13th-14th

The 13th Annual 1st Site Lycoming Unit Relay for Life, benefiting the local unit of the American Cancer Society, will be held Friday and Saturday, June 13th & 14th, at the Williamsport High School Stadium.

Luminaries will be placed side by side around the track and lit during a special service at dusk on Friday evening. Luminaries can be purchased for any amount of donation from the American Cancer Society. At the giver's request, a name of a loved one who has succumbed to cancer, is battling it, or is a survivor, can be inscribed on the luminary. This tribute will glow throughout the night. This ceremony has become a special part of the Relay for Life in Lycoming County, providing a time to share in the healing and to make a stand against cancer.

Luminary request forms will be in the bulletins or in the narthex the first two Sundays in June. All money raised will be used to support the programs of the American Cancer Society here in Lycoming County.



The Narnia Lock~In

Between 4:00 and 5:30 in the late afternoon of Friday, May 16, seven of St. Mark's youth and their families gathered for a sumptuous buffet of assorted subs, veggies and chips, before heading across downtown Williamsport to see "The Chronicles of Narnia: Prince Caspian." Expectations were high and were met by this exciting film. (If you've read the books, there are a few changes—but the main points remain the same.)

Afterwards, Devin, Riley, Christina, Hannah, Sara, Corey, Declan, Nick, Sharon, Bernadette, Kirk and Pastor Elkin returned to the church and were "locked-in" for the night. There were puzzles and word games based on the movie to figure out. After snacks were served, we had a discussion on the various events and characters in the film and how they relate to our lives as Christians. According to our students, faith played a very important role in the success of the heroes' struggle; Lucy's older siblings and a new character were, at times, cast in the role of the doubting Thomas; that determination is needed to follow God and do the right thing; and that often times there's a price to be paid for doing the right thing, be it comfort, ridicule, relationships or even death.

As everyone started to droop, it was time to get up and move around. So, the youth and two mentors set out on a building-wide scavenger hunt, searching for important talismans from Narnia and gathering tokens with pictures of and biblical quotes pertaining to them, and clues for their next item. We don't have very observant students. They didn't see half the objects—but did manage to collect all their tokens!!



At midnight, we had a showing of "Mr. Magorium's Wonder Emporium" and then it was off to bed—or sleeping bag, if you prefer. Our fearless leaders were up and awake and preparing for the day by 7:00. They ruthlessly routed out the rest of the crew for breakfast around 7:45—and that took a lot of routing!! Breakfast was finished and we had time for a further Bible study, in relation to the film, before Morning Prayer.

After everyone had cleaned up their areas and packed, it was up to the middle school room to begin the mural. We lost a few students to soccer, but gained Emily as the morning drew to a close. Parts of the mural remain to be completed by those unable to join us that weekend.

When asked what they got out of the weekend, the most popular answer was that they learned a lot about making connections between the Bible and movies and they got to know everyone better. Would they like to do it again? Uh—yeah!



Happy Birthday!

Andrew Sims	06/01	Ruth Sherlinski	06/15	Brandon Fortin	06/20
Evelyn Bastian	06/02	Wanda Fortin	06/16	Barbara Rechel	06/22
Kathryn Elkin	06/02	Merritt Hunt	06/16	Sharon Comini	06/23
Grace Arner	06/03	Nathan Edler	06/17	Lillian Miller	06/23
Sean Jensen	06/03			Taigen Thorne	06/23
Heidi Arner	06/07			Tali Thorne	06/23
Jeffrey Kneedler	06/08			Nathan Fillnow	06/24
Kenneth Elkin	06/10			Ernestine Doane	06/25
Jennifer Robertson	06/10			Kristin Lynn	06/27
Heather Snyder	06/10			George Poliska	06/28
Stephanie Fortin	06/12			June Decker	06/29
Anne Rhodes	06/12	Carl Knowlden	06/18	Kenneth Shafranko	06/29
Doris Fortin	06/13	Kelli Travis	06/18	Doris Brownlee	06/30
Robert McCullough	06/14	Christina Ciesielski	06/19	April Clark	06/30
Julie Patrick	06/14	Barbara Larson	06/19	Emily Welker	06/30



Happy Anniversary!

Robert & Anne Miller	06/01	John & Ruth Burkholder	06/19
David & Carol McMorris	06/10	Donald & Mary Armstrong	06/21
Donald & Barbara Switzer	06/13	John & Brenda Bower	06/21
James & Kristine Wacker	06/13	Daniel & Linda Wolfe	06/22
Steven & Randa Bieber III	06/14	Kenneth & Donna Elkin	06/23
William & Carol Confer	06/14	James & Susan Newcomer	06/23
Charles & Ann Kuntz	06/18	Andrew & Vicki Haussmann	06/28
Gary & Shelby Weber	06/18	Harold & Joyce Hershberger	06/30



Nurse's Notes

- June 1** Top 10 nutrition all stars of fruit and vegetables are: broccoli, kale, carrots, cantaloupe, mangoes, pumpkin, red bell peppers, spinach, strawberries, and sweet potatoes. (Wellness Made Easy, U of Cal, Berkley, 2005)
- June 8** Mosquitoes can breed in even the tiniest amount of water. That is why it is so important to do regular (at least once per week) check for buckets, plastic toys or covers, birdbaths – any standing water source, and rid it of water to keep these pests away!
- June 15** If you plan to travel this summer, and have health related problems, you may want to consider purchasing a Portable Travel Profile necklace. It is a password protected 'thumb drive' that holds an electronic version of your medical history, prescriptions, emergency contact information, and more. The attending doctor can plug it into any computer if you are hospitalized. Cost is \$30, it is available at www.portabletravelprofile.com (Prevention, June 2008)
- June 22** Here is a dessert that tastes sinful, but actually has less than 300 calories:
Grilled Banana Split – Slice an unpeeled banana in half lengthwise, leaving the bottom peel in place. Stuff the middle with 2 Tbs. dark chocolate chips and 1 Tbs. crushed pineapple. Wrap banana in foil and grill for 3-4 min, skin-side down. Remove foil and slice through. Top with ¼ sorbet and 10 mini-marshmallows. 277 calories
- June 29** Here's a quick way to determine if the fruit or vegetables in your grocery are organic – look at the little ticker – a 4-digit number means the food is regularly grown – a 5-digit number beginning with 9 means it is organic. (Prevention, June 2008).

SPECIAL THANK YOU'S

With our thanks

Dear Becky & Members of the Wedding Anniversary
Milestone celebration,

What a grand event!!! Art & I were totally awed by what you folks planned and executed in such a fantastic day on Sunday, May 4, 2008. From the time we entered the church, during the service and immediately following the service, the day was one full of surprises & emotional thoughts about the celebration.

We thank you most sincerely for all that went into your plans! The food was delicious, being in the company of others who were celebrating "a milestone" was symbolic and all the niceties that were presented to us made for a day we shall never forget.

All your efforts & assistance were certainly appreciated by Art and I. We thank you all, our Christian family, for this celebration, one we shall never forget! Our children thank you for including them in this once in a lifetime event.

Most sincerely, Art & Jane Kline



Dear Pastor Elkin, Becky & The Milestone Committee,

Our heartfelt thanks to the Milestone Committee for the outstanding celebration for our 54th wedding anniversary. It was truly a wonderful occasion for us and our family.

Everything was perfect: The church service, the lovely corsage, the delicious meal, the gifts and pictures, especially Sharon Comini's contributions to the drawings. It was a very special day.

Sincerely, Larry & Catherine Lundy

Dear Pastor Elkin,
The Milestone Committee &
The Parish Life Committee,

It was a wonderful celebration for the Wedding Anniversary Milestone. We thank all of you for such a lovely occasion & God bless you for caring.

Ted & Jane Larson & our family

Dear St. Mark's,

What a wonderful anniversary celebration we had on May 4th. A big thank you to Pastor Elkin, Sharon, Bernadette, Becky, the servers, the photographer, John Burkholder & anyone else I may have forgotten.

God bless you all, Bunny & Chuck Dutchfield

**We DESPERATELY need YOU to
DELIVER FLOWERS
& PROVIDE HOSPITALITY~
PLEASE VOLUNTEER TODAY!!**

Flower deliveries ~ Larue Dieter 433-3453

Hospitality ~ 8:00 Marie Byerly 326-2794 10:30 Shirley Vognet 323-0335

Directory Changes:

Mrs. Vanessa Morgan, 2238 Newberry St., Williamsport, PA 17701-1353

Mrs. Kenneth Goldy, 2888 Euclid Ave., Williamsport, PA 17702-6721

Mr. Merritt Hunt, Rm. 246, Bridges at Bent Creek,
2100 Bent Creek Blvd. Mechanicsburg, PA 17050

HEALTH, HEALING & WHOLENESS

“From your lofty abode you water the mountains; the earth is satisfied with the fruit of your work. You cause the grass to grow for the cattle, and plants for people to use, to bring forth food from the earth ... may the glory of the Lord endure forever...” (Ps. 104:13-14, 31, NRSV)

The world around us is bursting forth with the marvels and mysteries that God has seen fit to create and entrust to us. But we have not always been up to the challenge of leaving our planet's legacy for those who come after us. Sometimes, like unruly children, we have to be reminded that without proper care, this glory of the Lord around us may not make it to forever.

Twenty-one years ago, the US signed a treaty promising to ban the use of CFCs – chlorofluorocarbons – as protection against the further depletion of earth's ozone layer. CFCs were used in air conditioners, refrigerator cooling systems, and as the propellant in a variety of aerosol sprays. Since 1978 their use has been virtually eliminated – with the exception of certain “medically essential uses”. One of these uses has been in metered-dose inhalers (MDIs) containing the drug Albuterol – a lifeline for millions who suffer with asthma and other chronic obstructive pulmonary diseases. But even these medically essential exemptions are time-limited.

On December 31, 2008, “MDIs that contain ozone depleting substances will no longer be able to be produced, sold, or marketed in the United States” (www.fda.gov/Cder/mdi/mdifaqs.htm). The delay in enforcement was to allow for the production and sufficient testing of alternate, non-CFC containing inhalers. This has indeed taken place, with at least three pharmaceutical companies producing more environmentally friendly Albuterol inhalers (labeled HFA) that are approved as offering dosing and effectiveness equivalent to the old.

The transition has not been without its glitches. According to a March 13 article in the New York Times On-line (Tarkan, L. *Rough Transition to a New Asthma Inhaler*. www.nytimes.com/2008/05/13/health) the FDA has been receiving numerous complaints. A primary concern is a lag in the education of physicians, other prescribers, and consumers regarding the change-over, many of whom are unfamiliar with several differences in the new inhalers. “The new and old inhalers differ in feel, force and [a distinct] taste...” New inhalers have what may be described as a weaker spray, prompting some consumers to assume the device is not functioning properly, or that is delivering an inadequate dose of the medication. This can lead to the user taking too many puffs in an attempt to overcompensate. Only one, Ventalin, contains a dose counter used to determine how many doses actually remain.

Another difference is in the care of the inhaler. Because the medication/mist has a sticky consistency, it is important that the device be washed in warm water and allowed to air-dry at least once per week. Without regular cleaning, the holes in both the vial and plastic dispenser/mouth piece can clog and cause a lessening of the dose dispensed. Technique in taking the medication may also differ from one to another.

Finally, the cost of non-CFC inhalers is estimated to be up to three times more; older models contained generic forms of the medication whereas the new are brand-name specific. This in turn affects coverage (or lack thereof) by insurance companies. It is feared that patients will try to cut back or forgo use of the medication, or that some will begin hoarding old CFC inhalers. To counter these problems, pressure is being applied to pharmaceutical companies to provide free samples to prescribing physicians, provide financial assistance, or give outright to those who are neediest.

More importantly:

- **understand that the new inhalers are as safe and effective as those that contained CFCs.**
- **not all inhalers will be changing by the end of 2008 – only those containing Albuterol.**
- **physicians, nurses and pharmacists should familiarize themselves with differences in use and care of the new devices so they, in turn, can teach their patients and families.**
- **clinicians should require their patients demonstrate inhalation technique at each office visit.**

May you enjoy the summer beauty of God's creation!

Debbie Best, Program Coord. – Diakon Congregational Health Ministries and Family Life Services

SPECIAL CONCERNS LIST

Patricia Alexander
1745 Chestnut St.
Williamsport, PA 17701

Edith Anderson
Williamsport Home, Suite 4
1900 Ravine Road
Williamsport, PA 17701

Nancy Bohartz
624 Sixth Ave.
Williamsport, PA 17701

Doris Brownlee
Fulmer's Personal Care Home
201 Woodward Ave.
Lock Haven, PA 17745

Ethel Chambers
1129 East Third Street
Williamsport, PA 17701

Bonita Crossley
R.R. #1, Box 1001
Hills Grove, PA 18619-9300

June Decker
338 Sherwood Ave.
South Williamsport, PA 17702

Larue Dieter
2150 Warrensville Road, Apt. 2
Montoursville, PA 17754

Charles Ditchfield
Valley View, Room 308
Montoursville, PA 17754

Luther Doebler
Wmspt. Home, Apt. #115A
Williamsport, PA 17701

Jeanne Fargus
Sycamore Manor,
1445 Sycamore Rd., Rm. 411
Montoursville, PA 17754

Doris Fortin
Rose View Center
1201 Rural Ave., Room 223B
Williamsport, PA 17701

Lois Graybill
Williamsport Home, Nursing Unit
1900 Ravine Rd., Rm. #306
Williamsport, PA 17701

Jean Gulliver
3039 Elimsport Road
Montgomery, PA 17752



Gail Hoffman
153 Hampton Way
Montoursville, PA 17754

Charles Homan
2215 Warrensville Rd.
Montoursville, PA 17754

Charlotte Hughes
140 Blueberry Lane
Williamsport, PA 17701

Merritt Hunt
Bridges at Bent Creek, Rm. 246
2100 Bent Creek Blvd.
Mechanicsburg, PA 17050

Anne Miller
947 Hepburn St.
Williamsport, PA 17701

Jane Oakes
Presbyterian Home
810 Louisa St., Apt. 204
Williamsport, PA 17701

Anne Rhodes c/o Carole Finn
20308 Cabana Drive
Germantown, MD 20876

James Sheaffer
Rose View Center, Room 306B
1201 Rural Ave.
Williamsport, PA 17701

Mary Helen Scinicarello
Danville St. Hospital
Ward #311
Danville, PA 17821

Eleanor Sobers
425 W Highland Ave.
S. Williamsport, PA 17702

Ira Tuxford
210 Louise Ave.
Montgomery, PA 17752-9533

Zelma Vitolins
Sycamore Manor,
1445 Sycamore Rd., Rm. 325
Montoursville, PA 17754

Beulah Wrede
Faxon Commons,
1804 Loyalsock Drive, Apt 305
Williamsport, PA 17701

Ralph Zeigler Sr.
Rose View Court
1251 Rural Ave., Apt. 209
Williamsport, P A 17701

ST. MARK'S CALENDAR OF EVENTS

<p>June 1 Pentecost III Sunday 8:00 am— Holy Communion 9:15 am— Sunday School Conclusion 10:30 am— Holy Communion 1:00 pm — Church Picnic at Indian Park in Montoursville</p>	<p>9:15 am— Movie —<i>Nanny McPhee</i> 5:00 pm — VBS Staff report 5:30 pm— VBS begins with dinner 6:30 pm— Finance Committee Mtg. 7:30 pm— Music Club Organ Concert</p>	<p>June 20 Friday July Newsletter Articles Due 7:00 am— Synod Assembly 9:00 am— Morning Prayer</p>
<p>June 2 Monday 9:00 am— Morning Prayer 10:00 am— Little Lambs Liaison Mtg. 6:30 pm— VBS Teachers & Staff Mtg.</p>	<p>June 11 Wednesday 9:00 am— Morning Prayer 9:15 am— Staff Mtg. 5:00 pm — VBS Staff report 5:30 pm— VBS begins with dinner</p>	<p>June 21 Saturday 7:00 am— Synod Assembly</p>
<p>June 3 Tuesday 8:00 am — City Pastors 9:00 am— Morning Prayer</p>	<p>June 12 Thursday 6:31 am— Men's Ministry 9:00 am— Morning Prayer 5:00 pm — VBS Staff report 5:30 pm— VBS begins with dinner 7:30 pm— VBS Closing Program</p>	<p>June 22 Pentecost VI Sunday 8:00 am— Holy Communion 9:15 am— Summer Forum— Carl Hieber 10:30 am— Holy Communion</p>
<p>June 4 Wednesday 9:00 am— Morning Prayer 9:15 am— Staff Mtg.</p>	<p>June 13 Friday Council Agendas Due 7:00 am— Relay for Life 9:00 am— Morning Prayer</p>	<p>June 23 Monday 9:00 am— Morning Prayer 6:30 pm— Council Meeting</p>
<p>June 5 Thursday 6:31 am— Men's Ministry 9:00 am— Morning Prayer 9:00 am — Stephen Min. I @ LaRue Dieters home</p>	<p>June 14 Saturday</p>	<p>June 24 Tuesday 9:00 am— Morning Prayer 9:15 am— Movie — <i>The Pirates Who Don't Do Anything</i> 7:00 pm— Family Promise Mtg.</p>
<p>June 6 Friday 9:00 am— Morning Prayer</p>	<p>June 15 Pentecost V Sunday 8:00 am— Holy Communion 9:15 am— Summer Forum— Habitat 10:30 am— Holy Communion</p>	<p>June 25 Wednesday 9:00 am— Morning Prayer 9:15 am— Staff Mtg. 10:00 am— Summer Play Group— Brandon Park</p>
<p>June 7 Saturday 10:00 am — VBS Set Up</p>	<p>June 16 Monday 9:00 am— Morning Prayer</p>	<p>June 26 Thursday 6:31 am— Men's Ministry 9:00 am— Morning Prayer</p>
<p>June 8 Pentecost IV Sunday 8:00 am— Holy Communion* 9:15 am— Summer Forum— Project Breakthrough 10:30 am— Holy Communion* 5:00 pm — VBS Staff report 5:30 pm— VBS begins with dinner *VBS Staff Commissioned</p>	<p>June 17 Tuesday 9:00 am— Morning Prayer 9:15 am— Movie —<i>Shrek the Third</i> 6:30 pm— Property Committee Mtg.</p>	<p>June 27 Friday 9:00 am— Morning Prayer 9:15 am— Lion Crew</p>
<p>June 9 Monday 9:00 am— Morning Prayer 5:00 pm — VBS Staff report 5:30 pm— VBS begins with dinner</p>	<p>June 18 Wednesday 9:00 am— Morning Prayer 9:15 am— Staff Mtg. 12:00 pm — Lunch N Fellowship</p>	<p>June 28 Saturday</p>
<p>June 10 Tuesday 8:00 am — City Pastors 9:00 am— Morning Prayer</p>	<p>June 19 Thursday 6:31 am— Men's Ministry 9:00 am— Morning Prayer</p>	<p>June 29 Pentecost VII Sunday 8:00 am— Holy Communion 9:15 am— Summer Forum— Providence House 10:30 am— Holy Communion</p>
		<p>June 30 Monday 9:00 am— Morning Prayer</p>

ST. MARK'S LUTHERAN CHURCH
142 MARKET ST.
WILLIAMSPORT, PA 17701

Phone: 570-323-4619
Fax: 570-323-2452

Website: <http://www.stmarkswilliamsport.org>
Email: stmarks@stmarkswilliamsport.org



Return Service Requested

Non-Profit Organization
U.S. POSTAGE
PAID
Permit No. 257
Williamsport, PA 17701

St. Mark's Lutheran

Sunday, June 1st
1:00 PM
Indian Park in Montoursville



Church Cookout

Bring a dish to share
& a chair.

(Table service, meat & drinks provided)



Why not invite a friend or two
to come with you?

